

National Conference - Preventing Suicide and Self Harm

Thursday 2 March 2023, 9:30 – 17:00

Cardiff City Hall

AGENDA

Session 1 – Chair Professor Ann John

Swansea University, Chair of the National Advisory Group for Suicide and Self harm prevention

10:00am Welcome & Introduction

Professor Ann John

Launch by the Deputy Minister

Lynne Neagle MS: Deputy Minister for Mental Health and Wellbeing

'When it is Darkest' – key issues for suicide prevention

Professor Rory O'Connor, Professor of Health Psychology at the University of Glasgow

Session 2 – Chair, Claire Cotter

National Coordinator for Suicide and Self harm prevention, NHS Wales Health Collaborative

Real Time 'Suspected' Suicide Surveillance

Dr Rosalind Reilly, Consultant in Public Health, Public Health Wales

Wales - Our Data and What it tells us

Professor Ann John

Morning Panel Q&A

Lynne Neagle MS

Prof Ann John

Prof Rory O'Connor

Dr Ros Reilly

12:45 Lunch Break in Lower Hall

Session 3 – Chair, Dr Simon Jones

Chair of the North Wales Suicide and Self harm prevention forum

Experts by Experience

Emma O'Sullivan, DPJ Foundation; Mental Health Farming Charity and Dr Simon Jones

Parallel Breakout Sessions

The assessment and management of self-harm: NICE guidance 2022 – implications for implementation

Chair: Dave Semmens, Assistant Director for Mental Health and Learning Disabilities, NHS Delivery Unit
Key Speaker: Professor Nav Kapur, Professor of Psychiatry and Population Health and Head of research at the Centre for Mental Health & Safety, University of Manchester

Male suicide: understanding the risks and encouraging help-seeking behaviour in Wales

Chair: Neil Ingham, Executive Director for Wales, Samaritans Cymru
Key Contributor: Shaun Parfitt - Co founder LTMMH Lets Talk Mens Mental Health
Co-ordinator: Ceri Fowler, Regional Coordinator for Suicide and Self harm prevention - Southeast Wales

Children and young people: Prevention, Intervention, Postvention

Chair: Damian Rees, Swansea City Council, Chair of Mid/West Regional Forum
Key Contributor: David Heald, Area Manager (Wales), Papyrus
Co-ordinator: Laura Tranter, Regional Coordinator for Suicide and Self harm prevention – Mid West Wales

Postvention: Responding to those exposed, affected or bereaved by suicide

Chair: Dr Dave Williams, Adviser to Welsh Government – Child & Adolescent Mental Health, Chair of Southeast Regional Forum
Key Contributors: Janette Bourne, Director, Cruse Bereavement Support Cymru
Nicola Abraham, Project Manager, Jacob Abraham Foundation
Co-ordinator: Claire Cotter

Session 4 Chair - Professor Ann John

Developing the New Suicide and Self-Harm Prevention Strategy for England

Professor Sir Louis Appleby
Professor of Psychiatry at the University of Manchester and Director of the National Confidential Inquiry into Suicide and Safety in Mental Health

Afternoon Panel Q&A

Prof Ann John
Prof Sir Louis Appleby
Claire Cotter

Facilitator Huw Thomas

Closing Remarks

Professor Ann John

